



The Synagogue Tribune

Bikur Cholim-Machzikay Hadath Congregation

Founded 1889/5649 · Incorporated 1891/5652

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June-July , 2011 · Sivan-Tamuz , 5771

A busy spring for BCMH

By Julie Greene, Programming Director

Hi everyone! It seems as though spring literally flew on by (time-wise and weather-wise). The first event we held after Pesach was a Men's Club Event, **The Holocaust Memorial Breakfast in Memory of Mel and Ilsa Wolf z"l**. Such a great turnout, more than 100! Our speaker, Rita Katz (*right*), was an excellent choice. She related her memories as a small girl hiding with her family in a forested swamp outside of their hometown of Vilna during World War II, and then their years in displaced persons camps and

(including Ann Birulin, below left) and children and grandchildren of survivors were invited to come up and light the six candles in memory of the six million Jews lost during World War II.



We have had the opportunity to hear from speakers from AI-PAC and Rob Jacobs, the regional director of StandWithUs Northwest about the current situation in Israel.

On May 21 we had the pleasure of hosting a really nice shalosh seudos in honor of visiting Israeli soldiers. Thanks to our wonderful volunteers: **Kathy Brockman, Abby Brockman, Tama Wolf, Jana Miller, Cathy Godwin, Leah Tatel, Elaine Hartholz, Liz Rosen, Josh Willner, Joe Greene, Larry Russak, and pint-size helpers, Binyamin and Betzalel Katsman** (sorry if I forgot anyone!). And thanks to the many (close to 130!) who attended. The stories were moving and the food was fabulous.

Next up is our "All-Night Learning Extravaganza" on the first night of **Shavuos**, Tuesday, June 7th, 11:59 p.m. We have several excellent speakers lined up to give classes.

Also coming up: **Infant/Child CPR Class** (which is sold out) for Sunday, June 12th; **Scholar-in-Residence Shabbos, July 1st - 2nd, with special guest Rabbi Steven Weil** with a Shabbos luncheon ; **Seward Park**

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their journey to Seattle. Kudos to Men's Club President Josh Willner who planned and presided over the entire event. Special thanks to Rabbi Kletenik for his moving D'var Torah, to the many attendees, BCMH President Larry Russak and Ari Hoffman for their help. And of course, a special, SPECIAL thank you to the Wolf Family for their generosity in sponsoring this most important annual event. Holocaust survivors

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Annual General Meeting and Elections

7 p.m., Sunday, June 19, 2011, Volotin Social Hall

(Official notice mailed May 19.)

On a friendly note

The BCMH Board at its February meeting requested suggestions from the members present for ideas how to make the shul more friendly.

At the meeting I made two recommendations in this regard:

1. I felt it important to have a greeter at the door to the sanctuary in both the men's section downstairs as well as the women's section upstairs. The duty of the greeter is to be a warm, smiling face welcoming both regular members and guests. Helping guests find a siddur or chumash, a seat and for men a tallis if needed.

My vision was two men and two women each week. Since this would be inside the sanctuary, there is no requirement to miss davening. A natural break to change might be after Torah reading and before the Rabbi's speech.

2. The second idea I proposed was organizing a kiddush for weeks when we do not have a sponsor. Here my vision was a fairly bare bones basic Kiddush where we got five or six individuals together on a rotating basis to contribute \$50 for herring, crackers, cookies, pop and paper goods. It would also require paying for a mashgiach to supervise, set-up and clean-up.

The Board accepted both proposals. I will be contacting members to solicit assistance with greeting and Kiddush sponsorship. I hope that you will feel comfortable supporting one or both of these efforts.

Please feel free to contact me with any comments or suggestions. My e-mail is ortmak@gmail.com

-Marc Kravette

L'ag B'omer on the Hill



Sunny spirits and warm fellowship brighten a partly cloudy day at Volunteer Park for the Capitol Hill Minyan's annual L'ag B'omer picnic.

With our members

Mazel Tov to:

Ahava & Gary Goldwater on the graduation of **Gavriella Blaszk**a from Columbia University with a Masters in Social Work.

Dr. Shlomo Goldberg & Karen Treiger on the graduation of their daughter, **Elisheva**, from the University of Pennsylvania.

Batya & Yehuda Golden on the engagement of their daughter, **Gavriela** to **Daniel Nomanim** of Los Angeles.

Yoni & Michelle Goldstein on the birth of their son, **Ze'ev**.

Sonny & Gena Gorasht on their 50th wedding anniversary on May 27th.

Rivka Katsman on the forthcoming marriage of her son **Simcha** to **Jackie Krieger**.

Rabbi Ron-Ami & Miriam Meyers on the birth of a grandson.

Jerry & Carol Strassman on the graduation of their son **Danny** from Fordham Law School.

Kent and Bracha Swigard on the birth of a grandson born to **Danya** (Swigard) and **Shaul Saitowitz** of Jerusalem.

To BCMH members' children who are graduating from NYHS this year and their parents: **Rena Genauer** (Etzion & Marlene Genauer); **Shmuel Treiger** (Louis & Bayla Treiger); **Joshua Voss** (Ruthie Voss and Alex Voss).

To BCMH members' children who are graduating from SHA this year and their parents: **Adina Genauer** (Etzion & Marlene Genauer); **Yeshaya Meyers** (Rabbi

Condolences

BCM^H expresses its condolences to the families and friends of the following members of our community:

Yona Margolese and family on the loss of his beloved mother, Esther Nechamah Margolese.

Larry Russak and family on the loss of his beloved aunt, Regina Russak.

Family and friends of Regina Gottlieb.

Family and friends of Samuel Kutoff.

BCM^H also extends its condolences to the families and friends of the following deceased whose funerals were arranged by the Seattle Jewish Chapel: Adele Alper, Dr. Jack Chait, Roberta Corets, Liat Gerber, Esther Gould, Gladys Jacobson, Sabetai Jerusalemi, Aleksandr Litvak, Becky Mezistrano, Steven Mirsky, Isaac S. Morhaime, Kenneth Sassoon, Larisa Sigalova, Joseph Stroum and Stanley Sulman.

Ron-Ami & Miriam Meyers); **Noam Posner** (Judy Posner); **Tzur Shupack** (Meira Shupack and Dr. Bret Shupack); **Jeremy Voss** (Ruthie Voss and Alex Voss); **Noah Zimmeroff** (Rafael & Anya Zimmeroff). **Sarah Spiro** (Rabbi Mark & Heather Spiro) who is graduating from TDS this year.

The Synagogue Tribune

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To submit items other than advertising for publication: Please email the acting editor, Larry Altose, at ldaltose@netzero.com.

Advertising: Please contact the shul office. Ads are subject to review prior to approval for publication.

BCM^H also provides a weekly email newsletter. Please contact the shul office for subscription and submission information.

June Anniversaries

06/02 Yoni & Michelle Goldstein
 06/07 Mike & Lea Geller
 06/09 Rabbi Avrohom & Rooksie David
 06/11 Adam & Beth Balkany
 06/15 Rabbi Ron-Ami & Miriam Meyers
 06/19 Rabbi Chaim & Sara Weiss
 06/20 Hersh & Elisheva Hiller
 06/20 Scott & Sasha Mail
 06/23 David & Danielle Kogut
 06/23 Kenneth & Lynda Wegodsky
 06/24 Stephen & Ruth Fast
 06/24 Joshua & Sarah Gortler
 06/24 Dr. Michael & Nina Gundle
 06/24 Jonathan & Leah Jacobson
 06/26 Wolf & Gigi Kohn
 06/26 Mendel & Leah Notik
 06/27 David & Astrid Bloch
 06/28 Eliezar & Avital Eidenbom

06/28 Rabbi Moshe & Rivy Kletenik
 06/28 Scott & Karin Pollock
 06/29 Levis & Rochelle Kochin
 06/30 Marshall & Elaine Hartholz

June Birthdays

06/02 Edith Herskovits
 06/02 Rabbi Ron-Ami Meyers
 06/03 Alexander Dovid Meir Cramer
 06/03 Shira Fayga Druzman
 06/03 Mike Geller
 06/03 Sarah Ross
 06/03 Sivan Shriki
 06/04 Ephrat Gundle
 06/04 David Makovoz
 06/04 Avraham Zev Pinkus
 06/05 David Oppenheimer
 06/05 Harvey Tatel
 06/05 Abraham Traub
 06/05 Ariel Weisberg

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Complexity and Simplicity

By Morris Engelson

Readers of these columns know that I frequently refer to anti-Torah pronouncements as these seek to make logical “proofs” that the Torah is false. This is due, no doubt, to many reasons, including, in some cases, simply a hatred of Torah. In other cases, though, I would argue that this is due to a misunderstanding of how the logic of Torah and science (or secular reason) differs with respect to conflicting views.

One of the nine generic arguments against Torah is the claim that the Torah sometimes presents “contradictory” positions. Hence, the “The Torah appears to be full of very significant discrepancies,” as I quote in the March 2011 issue of *The Synagogue Tribune*.

My last column discussed Mishnah *Kinnim*, a most difficult and complex topic. One of the complexities is that different Torah commentaries sometimes explain and derive results in quite different ways. The Rambam and Rashi, for instance, frequently explain the material in almost contradictory terms. But whatever these great Torah sages explain must have some aspect of truth. It is a case of *Eilu v'Eilu* – both these and these are words of truth, though on the surface the positions might seem to contradict each other.

Indeed, if both report truth then there must be some way to reconcile the disparate positions. To an ordinary person, such as myself, the complexity seems enormous and any explanation, let alone something easily understood, seems impossible. And then we come to the *Tiferes Yisrael* (Rabbi Israel Lipschutz, 1782-1860), whose explanation is so obvious that

there can be no doubt about it. Simplicity to explain complexity is a mark of undoubted truth in Torah.

Science also values simplicity, but complexity will do if it “solves” a problem. Take the supersymmetry theory (SUSY for short). “Wonderful, beautiful, and unique” is how theoretical physicist Gordon Kane of the University of Michigan describes this mathematically complex, yet mathematically “beautiful,” theory. But that is as far as a possible parallel to Torah can go* because science does not, and cannot, accept any *Eilu v'Eilu*. Earlier

Every time it looks like all is well, that inconvenient Creator keeps showing up again and again.

this year we had reports that SUSY is in trouble because of an alternate case of *Eilu* (lehavdil) from the Large Hadron Collider (LHC), the giant underground scientific instrument in Europe.

By now I suspect the reader is tired of my many references to the LHC. I had intended to not bring it up again for months, if not years. But don't blame me! The science news headlines – “Beautiful theory collides with smashing particle data” – made me do it. If an anti-Creator theory like SUSY is in trouble then the idea that science can explain everything

based on “natural” processes also is in trouble.

SUSY postulates that the particles of nature come in “symmetric” pairs whose spins differ by half a unit. This form of symmetry is not simple to explain, as noted in *The Elegant Universe* by Brian Greene:

“Supersymmetry cannot be associated with a simple and intuitive change in observational vantage point.” In other words, we double the number of particles and whatever simplicity we might ascribe to the original particle system becomes more complex. So why do it? Greene explains that in the standard particle model results “remain consistent only if parameters ... are fine tuned – to better than one part in a million billion... Such precision is on a par with adjusting the launch angle of a bullet fired from an enormously powerful rifle, so it hits a specific target on the moon with a margin of error no greater than the thickness of an ameba.” By adding the supersymmetric partner particles, however, “substantial cancellations occur from the outset” hence the troubling “fine tuning” is no longer a problem.

Physicist Tommasio Doringo at CERN, (the European Organization for Nuclear Research, home of the LHC) raises more of the theory's increasing problems. In his article, *The Incredibly Shrinking Supersymmetry*, he argues that SUSY is now unlikely: “In order to solve the problem of fine tuning of the SM [this is the Standard Model without SUSY], we have to assume that there exist more than twenty so-far-unseen elementary particles, and that these particles all have masses above our detection limits, but

Science and Torah, continued

not too much so [because fine tuning cancellation does not work above a certain mass]... Together with those additional particles, there are at least 105 new unknown parameters to buy in the package, which the theory does not explain..." Thus did science in the 1970s add complexity to simplicity in order to eliminate the potential need of a Creator to fine tune the particles of nature. **

In the next several months, CERN plans to ramp the LHC to full power, enabling the next phase in the search for the missing particles. Already, though, SUSY proponents, some of whom have worked on this theory for decades, are getting nervous.

"Privately, a lot of people think that the situation is not good for SUSY...this is a big political issue in our field," explains Alessandro Struma, a theoretical physicist at the University of Pisa in Italy.

You see, the LHC's tests so far – already the most powerful ever undertaken – should by now have detected some of the partner particles. But there is no hint of anything like this so far.

There is still a small chance that the partner particles will be detected at the higher energy levels that the LHC is scheduled to achieve in the

near future. So we have to wait a while before we know for sure. Future tests at energies higher than the LHC can reach are useless in the context of this essay, because the particles thus detected would not perform the needed fine tuning cancellation trick.***

Loss of supersymmetry would be a great blow to many scientists. Not only because they would have to start over again, but also, as Adam Falkowski of the University of Paris explains, SUSY has instilled a sense of "religious devotion" among its followers.

After all, SUSY was introduced in the first place to get rid of religion and a Creator who did the fine-tuning. However, unlike in the Torah, where those who understand it at the highest levels introduce simplicity out of complexity, SUSY introduces more complexity out of less complexity, but to no avail. Every time it looks like all is well, that inconvenient Creator keeps showing up again and again. It is hard to get rid of the truth.

* Mathematicians might argue that mathematical "beauty," perhaps "elegance" is a better word for non-mathematicians, is a type of simplicity even though only specialists

can see this.

** Science still faces other "fine tuning" problems, the solution of which is the multiverse – as we discussed in previous column – which can also help with the SUSY problem. Still, the multiverse is an untestable idea, while SUSY involves the possibility of experimental confirmation. However, experiments to "confirm" SUSY now seem to work against it, based on the latest results from the LHC. So what now? Nobody knows.

*** For those with deeper scientific interests, I should note that SUSY has other scientifically useful features beyond "solving" the fine tuning problem. Possibly the most important is the potential grand unification of the forces of nature. There are credible indicators, other than SUSY, that grand unification is real. Likewise, SUSY makes an important contribution to this result. Hence, some conjecture that SUSY has to be a fact of nature, but that does not assure that the partner particles are within the LHC energy range. So it is quite possible that SUSY is alive and well but outside the mass range that would remove the fine tuning problem.

Shavuos Schedule

Tuesday, June 7, Erev Shavuos

Candle Lighting 8:45 p.m.
Mincha..... 8:50 p.m.
Mishmor Program Midnight

Wednesday, June 8 – First Day

Early Shacharis 4:45 a.m.
Shacharis 8:45 a.m.
Sof Zman Krias Shema..... 9:10 a.m.
Early Mincha 7:10 p.m.
Earliest Candle Lighting 7:25 p.m.

Regular Mincha 8:55 p.m.
Candle Lighting after..... 9:49 p.m.

Thursday, June 9 – Second Day

Shacharis 8:45 a.m.
Sof Zman Krias Shema..... 9:10 a.m.
Yizkor (approximately) 10:15 a.m.
Women's Torah Convocation .. 5:00 p.m.
Mincha 8:50 p.m.
Conclusion of Yom Tov..... 9:50 p.m.

Fast of Tammuz

Tuesday, July 19

Last time to eat 3:40 a.m.
3:40 a.m. is the latest time to begin to eat food – due to the prohibition on eating before Shacharis – but you may drink and continue to eat food until the fast begins at 4:19 a.m.
Fast Begins 4:19 a.m.
Shacharis .. 6:30 & 7:30 a.m.
Mincha..... 8:35 p.m.
Fast Ends 9:41 p.m.

Thank you to our many donors

Kiddush/Shalosh Seudos/Teen Minyan Sponsors

May 7 - Larry & Anita Altose; Fred & Debbie Barber; Martin & Victoria Bernstein; Chuck & Connie Broches in memory of Chuck's father and brother; **Micah & Megan Druckman.** Scotch donated by **Chuck & Connie Broches.**

May 14 - NCSY

May 21 - Abby Brockman in honor of Mrs. Traub's birthday; **Shlomo Goldberg & Karen Treiger** in honor of Elisheva's graduation from University of Pennsylvania and Esther and Shoshana's May birthdays; **Sonny & Gena Gorasht** in honor of their 50th wedding anniversary; **Sarah Gortler** in honor of Josh's birthday; **Rivka Katsman** in honor of the upcoming marriage of her son

Simcha to Jackie Krieger; **Rivy Kletenik** in honor of Rabbi Kletenik's completion of his term as President of the RCA; **Jana Miller** in honor of her birthday; **Jerry & Carol Strassman** in honor of the graduation of their son Danny from Fordham Law School; **Abraham Traub** in honor of Mirla's birthday; **David & Tova Wren** in honor of Shifra's birthday.

May 28 - BCMH Board of Directors

Aliyos

Gerald Barrish
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Micah Druckman
Shaul Engelsberg
Nachi Eyal
Rabbi Bernie Fox
Rabbi Fredman
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Dr. Benjamin Geller
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Karen Treiger in honor of Shellie Black's birthday

Tribute Card

Ian Bailey & family-To the Alberg family-In your honor
Ian Bailey & family-To the Fast family-In your honor
Ian Bailey & family - To the Kletenik family-In your honor
Morris Bush-To Ruth Hyman -My sincerest condolences on the loss of your beloved husband, David Elaine & Marshall Hartholz-To Dr. Bert Schreiber-Wishing you a Refuah Shelema
Steve & Carolyn Kessler-To Dr. Shlomo Goldberg & Karen Treiger-Mazel Tov on the graduation of your daughter, Elisheva from

the University of Pennsylvania
Rabbi David & Tzippy Twersky-To Rosalie Revesz-Wishing you a speedy and complete recovery
Rabbi David & Tzippy Twersky-To Ann Weinberg-Wishing you a speedy and complete recovery

Yahrtzeit

Susan & Barry Aaronson in memory of their beloved mother, mother-in-law, Ida Lee Marshall
Barry Aaronson in memory of his beloved father, Aaron ben Yakov David a"h, Aron Oretskin
Gerald Barrish in memory of his beloved grandfather, Morris Bloom
Beverly Benveniste in memory of her father, Lee Rickles
Shellie Black in memory of her beloved parents, Miriam & Robert Bloom
Mr. J. Block in memory of his mother, Ruth Block
Esther Damm in memory of her father, Frank Seigel
Libby Epstein in memory of her mother, Fannie Goldfarb
Irene & Sol Feder in memory of Irene's mother, Luise Niestroi on Lag B'Omer
Goldie Feinberg in memory of her beloved husband, Isadore Feinberg
Louis Feinberg in memory of his father, Isadore

BCM Youth

Rivka Katsman

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- Feinberg
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Sam Furer in memory of his father, Ady Furer
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Michael Friend in memory of his beloved mother, Frieda Friend
Yehuda Golden in memory of his beloved father, Gershon Ben Ahron Yosef
Steven Hill in memory of his beloved father, Hill Krakovsky
Dr. Alvin Katsman in memory of his mother, Marion Katsman
Andrea Kirk in memory of her father, Moe Michelson
Harris Klein in memory of his grandmother, Ida Isaacson
Sid Lantor in memory of Anne Hurwitz, Harry Hurwitz, Muriel Hurwitz, Shirley Berelson & Muriel Lantor
Mollie Launer in memory of her mother, Esther Vinikow
Danuta Leo in memory of her father, Beniek Slomnicki
Nechama Batt-Michelson in memory of her beloved father, Herbert L. Batt
- Ethelyn Michelson in memory of her husband & father, Moe Michelson and Max Finegold
Jana Miller in memory of her beloved mother, Natalie Oppenheim
Marina & Yuri Minkin in memory of their mother, Gita Minkin
Marion Pearl in memory of her mother, Nettie Polishuk
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Jack Richlen in memory of his mother, Reba Richlen
Gloria Rosenblume in memory of her father, Samuel Berger
Diana Ross in memory of her husband, William Ross
Herrman Ross in memory of his father, William Ross
Allen Russak in memory of his grandparents, Rose and Harry Russak
Larry Russak in memory of his grandmother, Rose Russak
David Salzberg in memory of his mother, Gussie Salzberg
Candy Santucci in memory of her father, Jack Halfon
Sylvia Saperstein in memory of her mother, Jennie Kettleman
Amy Sidell in memory of her beloved father & brother, Dr. Max Levin and Kenneth Levin
Carol Strassman in memory of her beloved uncle, Stanley Bergman
Bernard & Frieda Tonkon, Elaine, Marsha & Michael in memory of Bernard's beloved father, Jack Tonkon
Bernard & Frieda Tonkon, Elaine, Marsha & Michael in memory of Frieda's beloved brother, Phil Boguch
Dora Tkach in memory of her mother-in-law, Dina Tkach
Nikolay Tkach in memory of his wife, Dina Tkach
Miriam Wald in memory of her beloved uncle, Pincus Sachter
- Sharon Wehl in memory of her mother, Nettie Polishuk
Gertrude Witz in memory of her father, Joseph Kitty Grigoriy & Lyudmila Zakharevich in memory of their mother, mother-in-law, Yelizaveta Zakharevich
- Yizkor**
Larry & Anita Altose
Sol & Irene Feder
Rabbi Bernie Fox
Rabbi Chaim & Leah Tatel in memory of Rabbi Tatel's mother, Zelda Tatel, in memory of Leah's parents, Joseph and Shirley Goldman, in memory of the victims of the Holocaust and in memory of the fallen soldiers of the IDF

BCMh's busy spring

(Continued from page 1)

Synagogues BBQ on Sunday, July 17th at SBH; **Pride in BCMH Day**; and our **Torah Dedication and Walk** will happen sometime before the High Holidays!

As always, it is a pleasure to serve all of you and if you ever have any questions or suggestions, or want to help out, please let me know: julie@bcmhseattle.org. Thanks!

See ya in shul!

With our members, *continued from page 3*

- | | | | |
|----------------------------|-------------------------|-----------------------------|------------------------------|
| 06/06 Naomi Cohen | 06/12 Tova Wren | 06/17 Leon I. Varon | 06/26 Zakai Yechezkel Berger |
| 06/06 Ariel Hanna Pollak | 06/13 Marge Kadaner | 06/18 Dina Kaufthal | 06/26 Adiellah Chava Berger |
| 06/06 Sheila Sidell | 06/14 Chaim Fox | 06/18 Roberta Russak | 06/26 Daphne Davis |
| 06/07 Gittel Druxman | 06/14 Jon Kaufthal | 06/18 Rachel Willner | 06/26 Gwen Davis |
| 06/07 Omer Malka | 06/14 Isaac Oppenheimer | 06/19 Michael Isaiah Pollak | 06/27 Ephriam Adatto |
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| 06/07 Yael Chava Weiss | 06/14 Micah Druckman | 06/20 Aaron Harel | 06/27 Gail Eisenberg |
| 06/08 Manya Fox | 06/14 Chaim Post | 06/20 Rose Lefkovits | 06/27 Kristin Tetuah (White) |
| 06/08 Lea Geller | 06/14 Sarah Voss | 06/20 Sara Chana Marshak | 06/27 Eliana Weiss |
| 06/08 Tama Wolf | 06/15 Jerry Anches | 06/20 Bret Shupack | 06/28 Natan Altose |
| 06/09 Rabbi Moshe Kletenik | 06/15 Nancy Lawson Bass | 06/20 Shmuel Willner | 06/28 Aaron Godwin |
| 06/10 Shifra Altose Schwab | 06/15 Nancy Frank | 06/21 David Notik | 06/28 Alyssa Godwin |
| 06/10 Michael Eisenstein | 06/15 Merryl Jassen | 06/22 Lori Davis | 06/29 Laura Reback |
| 06/10 Elisheva Hiller | 06/15 Rivy Kletenik | 06/22 Karin Pollock | 06/30 Dr. Gerald Barrish |
| 06/10 Marina Oganyan | 06/17 Eliezer Kletenik | 06/23 Pinchus Rubelow | 06/30 Aura Myerson |
| 06/11 Michal Malka | 06/17 Gilah Kletenik | 06/24 Leah Goldberg | 06/30 Herbert Weisberg |
| 06/12 Jo Cohen | 06/17 Uri Roer | 06/26 Mordecai Altose | 06/30 Sally Weisberg |

Bikur Cholim-Machzikay Hadath Services

Shabbos Times								
Date	Sidra	Early Mincha*	Earliest Candles	Regular Candles	Regular Mincha	Latest Shema	Shabbos Mincha**	Shabbos Ends***
June 10-11; Sivan 8-9	Behaalosecha	7:10	7:26	8:48	8:55	9:10	8:45	9:51
June 17-18; Sivan 15-16	Shelach	7:15	7:29	8:51	8:55	9:11	8:50	9:54
June 24-25; Sivan 22-23	Korach	7:15	7:31	8:53	9:00	9:12	8:50	9:56
July 1-2; Sivan 29-30	Chukas	7:15	7:31	8:52	9:00	9:15	8:50	9:55
July 8-9; Tamuz 6-7	Balak	7:15	7:29	8:49	8:55	9:18	8:45	9:52
July 15-16; Tamuz 13-14	Pinchas	7:10	7:25	8:45	8:50	9:21	8:40	9:47
July 22-23; Tamuz 20-21	Mattos	7:05	7:20	8:38	8:45	9:25	8:35	9:40
July 29-30; Tamuz 27-28	Massei	7:00	7:13	8:30	8:35	9:30	8:25	9:31

*Nusach Sefard 5 min. earlier, or as announced. **Capitol Hill** davens Early Mincha during Daylight Time.
 **Or earlier, as announced, for special events.
 ***Ma'ariv 5 min. earlier.

Weekday Mincha

June 12 – June 16 8:55
 June 19 – June 30 9:00
 July 3 – July 7 8:55
 July 10 – July 14 8:50
 July 17, 18, 20 & 21 ... 8:45
 July 24 – July 28 8:40

Days of Note

Shavuos June 8-9
 Rosh Chodesh Tammuz July 2-3
 17th of Tammuz July 19
 Rosh Chodesh Av Aug. 1
 Ninth of Av Aug. 8-9
 Rosh Chodesh Elul Aug. 30-31

Shabbos Hashkoma Minyan, 7:45 a.m.
 monthly in the Beis Midrash. Dates to be announced.

BCMh Phone Menu

206-721-0970

Available staff, general voice mail.. 0

Voice Mail:

- Rabbi Kletenik 1
- Dee Wilson 3
- Programming (Julie Greene) 4,1
- Youth Programs 4,2
- Fundraising 4,3
- Bookkeeping (Roland) 5
- Capitol Hill Minyan 6
- Mikvah Appointments 7,1
- Eruv Hotline & Shabbos Times ... 7,2
- Daily Services & Classes 7,3

Shavuos, Fast of Tammuz Schedules, Page 5

Tribune Deadline: July 6

Capitol Hill Minyan

- Evening and morning every Shabbos & Yom Tov.
- Fri. early Mincha, Shabbos & Yom Tov afternoon times as listed above.
- Shabbos & Yom Tov Shacharis, 9 a.m.
- 1501 17th Ave., Seattle – Council House, lower level, rear entrance.

Morning Services

Sun., Independence Day 7:30, 9:00
 Mon., Thu. 6:40, 7:40
 Tue., Wed., Fri. 6:50, 7:45
 Rosh Chodesh, Fast of Tammuz.. 6:30, 7:30
 Shabbos, Morgan St. 8:45, **8:40 in June**
 Shabbos, Nusach Sefard Minyan* 9:00
 Shabbos, Capitol Hill Minyan 9:00
 Shabbos, Teen Minyan 9:15
 *Or as announced

Web Site:
www.bcmhseattle.org

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